

Welcome to Junior Seminar

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Start with *Why?*

- Simon Sinek's video
- My experience teaching GED
- Storytelling and student review
- And this class



Course expectations

- Course website:
daleeasley.com
- Outline
- Assignments:
 - Presentation
 - Opportunity search
 - Resume and cover letter
 - Mock interview
 - Attendance and participation



Jim Kwik's *Limitless*



Video

What limits were you told you had?

Exercise: Mindfulness

